

# District 201Q1 NewsLetter



**BUILDING A STRONGER TOMORROW**



**Jan Bruning**  
District Governor 2022 - 2023



**January 23**  
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[www.instagram.com/lionsdistrict201Q1](https://www.instagram.com/lionsdistrict201Q1)  
**YouTube** - Coming Soon - Watch this Space!



## Happy New Year to you all.

I hope you all had a great Christmas break and are now rested and ready to do what you do best – serve our Communities.

I attended the Multiple District Council meeting in Sydney this month and there were a couple of items that will be of interest to you all.

### 1. Technology update. (extract from International Director Tim Irvine's report to Council)

*"We are switching to a completely new technology platform known as Salesforce. Salesforce is one of the most recognised and accepted CRM (Customer Relationship Management) programmes in the world. Everything that is currently on MyLCI, MyLion, Learn, Insights, and so much more are going to be combined into one single relational database. Users will have the ability to access data from all of these areas from a single log in and create reports and enquiries and combine information where previously it required running several reports and then*



# DG Jan Bruning

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*manually combining. In addition the system will provide much more online help and guidance without requiring a complete use manual.*

It is currently being developed and beta tested by a number of users, both LCI staff and Lions and Leo members. It is proposed that a cut over date be July 2023, although there may be some residual input into the old system to clear year end.

I have spoken with our IT Dept and am trying to arrange a workshop to be run from LCI to coincide with the MD201 and MD202 conventions. This workshop would be for Cabinet Secretaries and District IT specialists who are normally the heaviest users and the best people to train locally."



know that more members enables us to provide more service to our communities. I will be engaging with our GMA Team to develop the strategies that will assist you to build stronger Clubs. To meet your membership goals we need to grow our Clubs by 1 new member (net) and the District charter 1 new Club (net) per year. I am confident that with your support we can attain this and improve our service to our community.

It was great to mix and share ideas with the District Governors Elect and together with our partners, we enjoyed a lovely social evening with a cruise on Sydney Harbour.

In closing, I remind you all that the Multiple District Convention is being held on the Gold Coast April 28 to May 1. Lets do our MD Convention proud and assist them by registering early to join in the fun and fellowship. Information can be found here -

<https://lionsclubs.org.au/event/71st-md201-convention-gold-coast-qld/>

## 2. Big Audacious Plan. (Increasing our membership to 30,000 members by 2030 and 50,000 members by 2050)

The District Governors led by Council Chair Steve Boyce, District Governors Elect and GAT Team workshopped the Big Audacious Mission (note the subtle change) facilitated by Dr Joe Collins AO from the Long Range Development Committee.

Kind regards – DG

*Jan Bruning*

This was an exciting presentation, that while indicating the Multiple Districts decline in membership over the past 10 years, we worked on strategies that will turn our membership into positive growth. We all





# Mudgeeraba Lions Aged Care Project

Mudgeeraba Lions for the last few years have been involved with a project to help the aged in our local community. It all started a few years ago when an article was printed in the local newspaper stating that 40% of aged care residents do not receive any contact from family.

In the first year we were able to visit the local aged care facilities and bring our furry friends to help give the residents a broader smile and of course our pets enjoyed the socialization, as much as, the residents. We raised funds and purchased games, books, wool and paints. Supplied terracotta pots for them to decorate and give to their friends as presents.

Then COVID hit and we were unable to visit. Our Club had to re think how we can still help in some way, even if it was not a physical one, as more residents would be impacted.

In December 2021 our Club decided that we would make up individual Christmas gift bags for 300 residents. As this was still in the close down of COVID, the packs were put together with only a few members in a back yard and distributed to the door of the three local Aged Care Homes. It was a great success and we received many appreciation letters from residents, their families and the Aged Care Homes.

Our Club was very excited to do even better this year. We are still under some restrictions to visit homes, but we wanted to make our gift bags better. We wanted to put more thought into what was in the bags. One idea was making Lavendar Pillows. The



*One of our pups enjoying the attention at our local aged care facility*



Lavendar Pillows



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smell of Lavendar can be relaxing and help with anxiety. The problem we faced was how are we going to make 300 of them. We put a post on social media and was quiet pleasantly surprised how many people in our community said that they will help sew the Pillows. A local herb grower even donated the Lavendar.



At our November Dinner meeting we invited the community to join our Club members, to make up these individual gift bags. 4 members of the public, one of them helped sew the pillows, joined us on the night. We had a lot of fun and it was nice to see our whole club being involved in a project and some locals see what we do.

In the end we had 300 bags packed with socks, scarves, sanitizer, Lavendar pillows, Crossword/Sudoku, word books, writing pads, pens, Christmas Card from our Club and a pack of 5 blank Christmas cards for them to fill out for their friends.



*Club members and Locals Coming together to help pack the bags*

Before Christmas, we delivered them to all 3 local homes with additional puzzles and games. Our Club has received many notes and appreciation emails from the Aged Care Activity Coordinators.

This activity helped not only our local Aged Care residents, it also enabled all our members to take part in this project, advertised to the Community what we do and may even gain us a few extra members. Well Done Mudgeeraba Lions.

Now our challenge for 2023 is to make it even better.



*Photo: Mudgeeraba Lions President Michael McDonald with Hillview Aged Care AIN/AC Ashleigh – Comment: the Lavendar bags are a great idea – one of my residents has issues with her hands and she likes to hold on to the pillow as it comforts her.*

## Lion Sharon McDonald

Mudgeeraba Lions



# Australia Day celebrations

Our Australia Day celebrations with the Carrara Lions was held at our Presidents home, welcoming all our members for our first meeting of the year. It was informal gathering with true Aussie tucker (bring a plate) resulting a wide variety of dishes plus some Aussie favourites home made damper,

lamingtons and ANZAC biscuits. True to Aussie form, a group of relaxed people gathering to exchange ideas, make informed decisions and acknowledge each ones input into the clubs growth and success.

Plenty of fun and laughter to boot.

**Oi Oi Oi**

*Linda Quilter*



## A picture is worth a thousand "LIKES"

Many people today have an attention span of less than nine seconds. Therefore to capture their attention, images are more important than ever on social media. A social media post accompanied by a photo is ten times more likely to get engagement.

Posting photos on Facebook is the best way to get more attention from your followers because images are easier to consume than text. However, it's important to not only share high-quality photos; you should also share photos that interest your audience. You may not get "a thousand likes" but it will hopefully boost engagement with your posts.



*You'll find a few tips below to help make your social media photos the best they can be.*

- **Less is more.** It's very easy to snap away at a meeting, function or project and end up with a large number of similar photos. Don't do the simple thing and upload them all as those viewing will quickly lose interest. Pick out the best and post them instead.

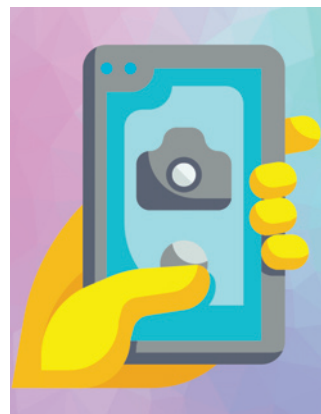
- **Photo quality.** If your photo is blurry or you've cut off an important part of the image, best not to use it. Blurry photos are often caused by a shaky hand. If you don't have access to a tripod, keep your elbows close to your body and your feet shoulder-width apart when taking the photo. This may help you keep your hands more steady. Before you capture the shot, tap on your screen to tell your phone where to prioritise its focus to ensure a sharper photo.

- **Editing.** Has your photo ended up with too much background and the subject is lost a little in the image? Use the editing tool on your phone's camera or your preferred app to crop the edges and bring more focus back to your main subject. You can also use these editing tools to enhance the lighting and colour of your photo, but be careful not to over edit and make it look unrealistic.

- **Keep your lens clean.** With the constant handling of our phones, it's easy for the camera lens to get smudged which can make images look foggy. Give the lens a gentle wipe to keep it clean.

- **Avoid using the Zoom feature on your smartphone.** Once you start zooming in, you'll reduce the quality of the photo and it may look blurry or grainy. Where possible, get closer to your subject.

Get snapping and have fun with your photos. I'm looking forward to seeing your shots on your social media pages.



*Lion Therese Bruning*

District Social Media and Public Relations



# Happy New Year

- We are now in the second half of this Lions Year, and you would be in full swing with your Club's projects – helping the community.

But it now also time to start thinking of your next role in Lions, your next pathway, your next journey. With the Club having to soon elect the new executive officers for the next Lions Year.

This course will be able to give you an overview of the roles of your executive team – showing that it is very easy to take on a new position in your Club :

## ***Club Officer Training [EN] (1659)***

***Your fellow club members have acknowledged your leadership potential to be an effective club officer. This module delivers an introductory overview of club officer roles and responsibilities and club structure..***

And this course will help you and your Club with identifying and preparing your new leaders :

## ***Succession Planning [EN] (275)***

***Succession planning helps ensure the long-term vitality of Lions clubs through a carefully planned system of identifying and preparing new leaders for all levels. This course demonstrates how to identify and develop new leaders and how to plan and prepare for a successful leadership transition..***

I don't have enough time you say? – Well you actually do, helping others is why you joined Lions, and this course will help you manage your time and fit it all in :

## ***Time Management [EN] (331)***

***It can be challenging to control every minute of your day; however, managing your time wisely will allow you to work smarter rather than harder. This course will provide strategies for improving your time management skills.***

Give it a go – take on a new role and have some FUN.

***“Happy Learning”:  
Jenny Maguire***

District Global Leadership Team

Training Coordinator

Ph : 0412 358 205

Email: [Training@lions201q1.org.au](mailto:Training@lions201q1.org.au)



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# Member Orientation:

Upcoming member orientation is scheduled as follows:

**Sunday, 26 February 2023 – Brisbane/Logan region**

**Sunday 12 March 2023 – Lower Gold Coast/Tweed region**

Invitations will be forwarded to new members and their sponsors to attend, however the program is open to any interested Lions who would like to learn more about the history of Lions, an understanding of the structure of Lions across the globe and the various causes and foundations of Lions. A great opportunity to understand how Lions are connected to each other across the globe.

If you are interested in participating in this program or would like further details please contact: [orientation@lions201q1.org.au](mailto:orientation@lions201q1.org.au)

**Wendy Poole**  
GLT Coordinator

**Helpful Resources**

**Always.** lionsaustralia District 201Q1 Home About Resources News & Links Convention Projects Calendar Join Contact

**Q1 Hub**

Simply click on the item you need and you'll be directed to that resource.

<b>Governance</b>	<b>Grants</b>
<b>Club</b>	LCIF Grants ALF Grants
Lions Club Standard Constitution & By-Laws Club Policy & Procedures – Coming Soon	<b>Leadership</b>
<b>District</b>	Lions Learning Centre Leadership Toolbox
District 201 Q1 Constitution November 2020-Adopted 21 Nov 2021 District 201 Q1 Policy Minutes – adopted 21 Jul 2019, Revised 21 Feb 2021 District Q1 Convention Minutes 2019	<b>Marketing</b>
<b>Multiple District</b>	International President's Theme Brand Guidelines How to Schedule Facebook Posts How to Schedule Instagram Posts Lions Clubs International Brand Guidelines
Lions Australia Constitution	<b>Leadership Survey</b>
<b>International</b>	Leadership survey – send completed forms to <a href="mailto:GLT@lions201q1.org.au">GLT@lions201q1.org.au</a>
Trademark Policy Board Policy International Constitution & By-Laws	<b>Membership</b>
<b>Meetings</b>	Club Membership Record

**TAKE ANOTHER LOOK...**

<https://lions201q1.org.au/resources/q1-hub/>



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NOW AVAILABLE

# Promotional Videos

CREATE BY LIONS AUSTRALIA

AVAILABLE TO SHARE

[https://www.youtube.com/c/LionsAustralia\\_we\\_serve](https://www.youtube.com/c/LionsAustralia_we_serve)



**A young family-oriented Lions club**

Lions Australia  
240 views • 1 month ago

CC

<https://www.youtube.com/watch?v=3jithmvKIM>



**The joy of helping others in Lions**

Lions Australia  
172 views • 3 months ago

CC

[https://www.youtube.com/watch?v=TdF1S7M\\_FLc](https://www.youtube.com/watch?v=TdF1S7M_FLc)

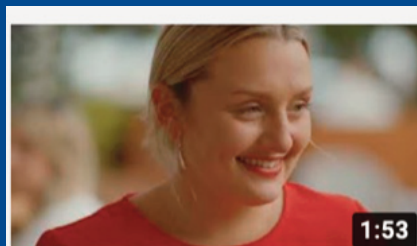


**A unique Lions club with a special mission**

Lions Australia  
897 views • 3 months ago

CC

<https://www.youtube.com/watch?v=aLlni3ltTnQ>



**A Lion for life**

Lions Australia  
522 views • 4 months ago

CC

<https://www.youtube.com/watch?v=wr1Q462QGzc>



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## Community Rewards



**Introducing Lions Australia Community Rewards** - a new fundraising channel for Lions Clubs Australia via the Doing Good rewards/giving mobile app.

This loyalty program won't affect your other loyalty or fundraising programs but is even better because it's automatic... when you **SHOP** at participating retailers, you **SAVE** money (no points or anything, \$\$\$ are paid back on your card) plus you automatically **GIVE** to the **Lions Australia Fund** by LCIF.

All it takes is **2 minutes** to create an account & register your credit/debit card. Retailers will automatically recognise your card and reward you discounts. Your data is safe and we promise your tax-deductible donations will be well spent.



Every transaction makes a difference.  
Every microdonation to Lions counts.



Download the Doing Good **app** and **sign up** to **Lions** with access code

**lion2992**

or simply scan this **QR code**

Learn more: Watch this Lions Australia explainer video

<https://vimeo.com/591965559>



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## Community Rewards



Lions Australia is offering members of our community special discounts every time you shop, all while supporting charity.

**Shop in-store and online to Save \$\$\$ and Give to Charity**



**Save up to 25% at participating retailers like:**



**Scan now to register in 2 mins via website or app**



Sign up with code **LION2992** via mobile app OR  
Scan this QR Code on your phone  
or click the button to register

**Register now!**



## **FOR SALE – LIONS BBQ/REFRIGERATED COOK TRAILER**

**We have for sale a fully equipped BBQ/Refrigerated trailer in excellent condition.**

**Asking price is \$11,000 (negotiable) – well below replacement cost.**

**Contact Capalaba Lions: [capalaba.qld@lions.org.au](mailto:capalaba.qld@lions.org.au)**

The base trailer is an Opal brand, manufactured in 09/2004. It has been extensively modified and equipped with two barbecue plates – 1 x 3 burner (approx.1000mm x 550 mm) and 1 x 2 burner (approx. 850 x 550 mm) and two 8.5 kg gas bottles.

The trailer is fitted with a commercial grade refrigerator approximately 1.5 m3 capacity ( 1.85 metres wide. 1.00 metre deep and 0.8 metres height.



The trailer was professionally wired to run on 240 volts, either from a 15 amp mains source or it can be connected to a suitable portable generator which can be housed in a locked cabinet on the front drawbar.

External 240v LED lights at the front of the trailer and under the cooking area allow night time use. The cooking area is also equipped with extraction fans at the front and back of the trailer.

The trailer is 2 metres wide, and 2.3 metres long including the drawbar. It has LED tail lights and is equipped with electric brakes. It has a 7 pin round plug, but also included is an adapter for a 7 pin flat plug. The rear access door acts as a ramp to facilitate loading of extra items in the underfloor cavity. Included is a general tool box with a bottle jack and various wheel chocks and levelling ramps.

The drawbar is equipped with a swing up ratchet jockey wheel and also a static swing up stand, to allow for a wider range of tow ball heights.



Other inclusions are a 1kg powder fire extinguisher, fire blanket and a small water tank.

The trailer is registered until October 2023 and is fitted with brand new tyres, including the spare wheel. The trailer has been garaged and is in excellent condition.

A roadworthy certificate and gas certificate will be issued on confirmation of sale.



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	POSITION	NAME	SURNAME	EMAIL	PREF. PHONE
DISTRICT OFFICERS	DISTRICT GOVERNOR	Ian	Bruning	DG.Q1@lions.org.au	0417 638 834
DISTRICT OFFICERS	1ST VICE DISTRICT GOV	Savva	Argyrou	1VDG@lions201q1.org.au	0425 972 782
DISTRICT OFFICERS	2ND VICE DISTRICT GOV	Jorge	Salles	2VDG@lions201q1.org.au	0436 331 238
DISTRICT OFFICERS	IMMEDIATE PDG	Nicole	Phillips	IPDG@lions201q1.org.au	0407 763 007
DISTRICT OFFICERS	CABINET SECRETARY	Libby	Whitestyles	cabsec.q1@lions.org.au	0404 035 884
DISTRICT OFFICERS	CABINET TREASURER	Di	McCrae	cabtreas.q1@lions.org.au	0499 604 516
DISTRICT OFFICERS	CONSTITUTION & BY-LAWS	David	Greenup	cbl@lions201q1.org.au	0400 255 922
DISTRICT OFFICERS	MINUTE SECRETARY	Kaylene	Perrett	assist.cabsec@lions201q1.org.au	0427 005 024
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DG ADVISORY COMMITTEE	DG ADVISORY	Ken	Mulcahy	DGA2@lions 201q1.org.au	0407 749 425
DG ADVISORY COMMITTEE	DG ADVISORY	Ken	Bird	DGA3@lions201q1.org.au	0409 655 220
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REGION CHAIRPERSON	REGION 3 - LOGAN AND REDLANDS	Ken	Wilcox	RC3@lions201q1.org.au	0400 962 595
REGION CHAIRPERSON	REGION 4 - BRISBANE SOUTH	Ken	Mulcahy	RC4@lions201q1.org.au	0407 749 425
REGION CHAIRPERSON	REGION 5 - WEST	TBA		RC5@lions201q1.org.au	
ZONE CHAIRPERSON	ZONE 1	Steve	Symonds	ZC1@lions201q1.org.au	02 6666 1535
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DISTRICT OPERATIONS	WEBMASTER AND IT	Stuart	Perrett	it.web@lions201q1.org.au	0411 173 499
DISTRICT OPERATIONS	CAKES & MINTS	Barbara	Tate	cakesandmints@lions201q1.org.au	0413 471 312
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS CHILDREN'S MOBILITY FOUNDATION	Narelle	Parkins	ALCMF@lions201Q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS WELLBEING FOUNDATION	Narelle	Parkins	ALWF@lions201Q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS CHILDHOOD CANCER RESEARCH FOUNDATION	Sophia	Argyrou	ALCCRF@lions201q1.org.au	0433 773 942
DISTRICT SERVICE GROUP	LIONS MEDICAL RESEARCH FOUNDATION	Narelle Parkins		LMRF@lions201Q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	LIONS CLUBS INTERNATIONAL FOUNDATION	David Greenup		LCIF@lions201q1.org.au	0400 255 922
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS FOUNDATION	David Greenup		ALF @ lions201q1.org.au	0400 255 922
DISTRICT SERVICE GROUP	LEO COORDINATOR	Sophia	Argyrou	leo@lions201q1.org.au	0433 773 942
DISTRICT SERVICE GROUP	LEO ASSISTANT	Greg	Woodard	leoassist@lions201q1.org.au	0411 474 026
DISTRICT SERVICE GROUP	LIONS AWARENESS	Michael	McDonald	LionsAwareness@lions201q1.org.au	0412 879 343
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DISTRICT SERVICE GROUP	DIABETES AWARENESS	Ross	Forrest	diabetes@lions201q1.org.au	0409 847 951
DISTRICT SERVICE GROUP	LIONS HEARING AND STORY DOGS	Jenny	Rainbird	LHD@lions201q1.org.au	0432 804 826
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DISTRICT SERVICE GROUP	EMERGENCY RESPONSE	John	Lynch	emergencyrelief@lions201q1.org.au	0412 649 860
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DISTRICT SERVICE GROUP	DISASTER RELIEF COORDINATOR - SOUTH	John Lynch		disastersouth@lions201q1.org.au	0412 649 860
NON CABINET POSITION	NORTHERN NSW COMMUNITY TRUST CHAIRMAN	John	Lynch	nthNSWtrust@lions201q1.org.au	0412 649 860